

# Shivers Fast



**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Brian Provini (Can) – Octobre 2021

**Music:** Shivers – Ed Sheeran

**Enseignée** Le 25 Novembre 2021 à Futurodances

par Martine LECAMP – CQP d'Animateur Danse

**Mise en page** Mady'n line d'après la source Copperknob Stepheets

## #16 COUNT INTRODUCTION - NO TAGS OR RESTARTS

### Toe Heel Struts -- 4 counts

1-2            Touch Right toe forward and then heel down.

3-4            Touch left toe forward and then heel down.

### Jazz Box with 1/4 turn to the right -- (4 counts)

5-6            Cross step R over L, step back on L

7-8            Turn 1/4 right stepping R to right side, step L beside R

### Shuffles with Rock Recover - (8 counts)

9-10           One 3-step shuffle to the right (right-left-right)

11-12           Rock back on left, rock forward on right

13-14           One 3-step shuffle to the left (left-right-left)

15-16           Rock back on right, rock forward on left

### Monterey 1/4 Turn Right (4 counts)

17-18           Point Right side right (5), Turn 1/4 right on ball of left- Step down on Right (6)

19-20           Point Left side left (7), Step Left beside right (8)

### Rocking Chair (4 counts)

21-22           Rock right forward, recover to left

23-24           Rock right back, recover to left

### Modified Rumba Box with shuffles (8 counts)

25-26           Step R to side (1), step L together (2)

27-28           Shuffle forward right, left, right

29-30           Step Left to side (5), step Right together (6)

31-32           Shuffle back left, right, left

**Last Update 16 Oct. 2021**